



# North Canton YMCA Fit & Fabulous with Carly

Come join the FUN!! The North Canton YMCA and Plain Township have partnered to bring you this amazing class for Active Older Adults. It focuses on increasing muscular strength, range of movement and activities for daily living.

**WHERE: PLAIN TOWNSHIP HALL**  
2600 EASTON ST NE, CANTON OH 44721  
**WHEN: THURSDAY @ 10AM**



For more information contact  
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